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Victor William Harris, PhD, is an Associate Professor and Extension Specialist at the University of Florida in the Department of Family, Youth, and Community Sciences. His love for teaching includes more than thirty-five years working with children, youth, emerging adults, persons with disabilities, couples, and parents at the preschool, elementary school, middle school, high school, and community level, as well as in the university setting.

A prolific researcher and author, Dr. Harris's research foci include close relationships, with an emphasis in communication, conflict resolution, social emotional ability, relationship quality, couple and parenting education, and balancing work and family. Additionally, Dr. Harris has a firm understanding of and experience with empirically-informed program design, teaching methodologies, and curriculum enhancement. As a Certified Family Life Educator, he currently directs the multi-million-dollar Healthy Marriage and Responsible Fatherhood SMART Project in Florida designed to help youth, singles, couples, parents, and co-parents better understand how to form and maintain strong, healthy, long-lasting relationships.

Dr. Harris has directed multiple travel study groups to Europe and enjoys studying different cultures and peoples and how they form and maintain close relationships. As a result of his studies, he has traveled extensively both domestically and internationally. Dr. Harris is also a USPTA certified professional tennis coach and has spent more than 40-years using the sport of tennis to empower children and adults to develop greater confidence, self-efficacy, and healthier lifestyles.

Selected Refereed Publications

- Harris, V.W., & Anderson, J., & Visconti, B. (2022). Social emotional ability development (SEAD): An integrated model of practical emotion-based competencies. *Journal of Motivation and Emotion*. <https://doi.org/10.1007/s11031-021-09922-1>
- Schmeer A., Harris, V.W., Forthun, L., Valcante, G., & Visconti, B. (2021). Through the eyes of a child: What life is like for siblings of siblings with Autism Spectrum Disorder. *Journal of Research in Developmental Disabilities*.
- Álvarez-Pérez, P., Harris, V.W., & Peyna, S. (2021, February). Personal social networks as a superdiversity dimension: Qualitative approach with second-generation Americans. *Current Sociology*, 1-31. <https://doi.org/10.1177/0011392120983342>
- Rama, C.R., Harris, V.W., Speegle, K., Nelson, N., Moen, D., & Harris, H.J. (2020). Familismo: How eight categories of needs are met in Hispanic American families within the context of familism. *Advances in Social Sciences Research Journal*, 7(7), 348-370. <https://doi.org/10.14738/assrj.77.8641>
- Harris, V.W., Visconti, B., Sewell, B., Cantrell, R., & Anderson, J. (2019). Southern romance: Relationship quality, consensus, and context among cohabiting couples in the Gulf States. *Journal of Marriage and Family Review*, <https://doi.org/10.1080/01494929.2019.1655518>
- Harris, V.W., Visconti, B., Sewell, C.B., Cantrell, R., Anderson, J., & Toelle, S. (2019). The state of our unions: Exploring relationship quality among dyadic couple homeowners. *Journal of Marriage and Family Review*, <https://doi.org/10.1080/01494929.2019.1630047>
- Kimmes, J. G., Jauregui, M. E., Roberts, K., Harris, V. W., & Fincham, F. D. (2019). An examination of the association between relationship mindfulness and psychological and relational well-being in committed couples. *Journal of Marital and Family Therapy*. doi:10.1111/jmft.12388
- Cantrell, R.A., Harris, V.W., & Sewell (2019). Using household budgetary constraints to explore negative-interaction behavior among homeowners in coastal southeast United States. *Journal of Family and Economic Issues*, 40(3), 455-469.
- Harris, V.W., Sewell, C.B., Anderson, J., Speegle, K.C., & Harris, H.J. (2019). Before you tie the knot: Mapping pedagogy, learning outcomes, and effect size in premarital education. *Journal of Human Sciences and Extension*, 7(3), 114-139.
- Harris, V.W., Kumaran, M., Harris, H., Moen, D., & Visconti, B. (2018). Assessing multicultural competence (knowledge and awareness) in study abroad experiences. *Compare: A Journal of Comparative and International Education*, 49(3), 430-452.
- Caudill, D., & Harris, V.W. (2018). Together or apart: Practical and theoretical considerations for determining when to keep foster siblings together or to separate them. *Social Science Learning Education Journal*, 3(5), 60-66.
- Hamilton, L., & Harris, V.W. (2018). Beyond expectations: From foster children to foster parents. *International Journal of Education*, 10(1), 1-20. <https://doi.org/10.5296/ije.v10i1.12147>
- Nourie, A., & Harris, V.W. (2018). An intersectional feminist perspective on LGBTQ youth in foster care: Implications for service providers. *World Journal of Education*, 8(4), 177-187. <https://doi.org/10.5430/wje.v8n4p177>
- Zhang, Y., Harris, V.W., Diehl, D., King, S.M., Schmeer, A., & Speegle, K.C. (2018). Life-changing decisions: Exploring proximal and distal motivations behind why American parents adopt domestically or internationally. *Global Journal of Human Social Science Research*, 18(7), 1-14.
- Harris, V.W., Schmeer, A., & Speegle, K. (2017). Mapping pedagogy, learning outcomes, and effect size in relationship education. *Journal of Human Sciences and Extension*, 5(1), 1-19.

- López, P.M., Morueta, R.T., Gómez, A.H., & Harris, V.W. (2016). Exploring social and cognitive presences in communities of inquiry to perform higher cognitive tasks. *The Internet and Higher Education*, 31 (2016), 122-131.
- Harris, V.W., Speegle, K., & Schmeer, A. (2016). Teaching as an intervention: Evaluating 9 skills of communication in an Extension learning environment. *Journal of Human Sciences and Extension*, 4(1), 139-158.
- Harris, V.W., Bedard, K., Moen, D., & Álvarez-Pérez, P. (2016). The role of friendship, trust, and love in happy German marriages. *Marriage and Family Review*, 52(3), 262-304.
- Moen, D., Bradford, K., Lee, T.R., & Harris, V.W., Stewart, W. (2015). After the Honeymoon: The evolution of problem issues in marriage. *Marriage and Family Review*, 51, 396-417.
- Vázquez-Aguado, O., Fernández-Borrero, M.A., Álvarez-Pérez, P., & Harris, V.W. (2015). Spanish-Moroccan families in a context of family diversity in Spain. Challenges for the construction of interculturalism. *Journal of Spatial and Organizational Dynamics*, 3(1), 22-25.
- Harris, V.W., Schramm, D.G., Marshall, J.P., & Lee, T.R. (2012). Marital quality, context, and interaction: A comparison of those currently receiving government assistance with those who are not. *Marriage & Family Review*, 48(4), 386-414.
- Schramm, D.G., Marshall, J.P., Harris, V.W., & Lee, T.R. (2012, February). Religiosity, homogamy, and marital adjustment: An examination of newlyweds in first marriages and remarriages. *Journal of Family Issues*, 33(2), 246-268.
- Schramm, D. G., & Harris, V. W. (2011). Marital quality and income: An examination of the influence of government assistance. *Journal of Family and Economic Issues*, 32, 437-448.
- Harris, V.W., Skogrand, L., Hatch, D. (2008, December). The role of friendship, trust, and love in strong Latino marriages. *Marriage and Family Review*, 44(4), 455-488.
- Harris, V.W., Marshall, J.P., Schvaneveldt, J.D. (2008). In the eyes of God: How attachment theory informs historical and contemporary marriage and religious practices among Abrahamic faiths. *Journal of Comparative Family Studies*, 39(2), 259-278.
- Schramm, D.G., Marshall, J.P., Harris, V.W., & Lee, T.R. (2005). After "I do": The newlywed transition. *Marriage and Family Review*, 38(1), 45-67.

Selected Extension Publications

Pre-Marital Preparation

- Harris, V.W. (2013). Healthy dating that leads to healthy marriage. *National Resource Center for Healthy Marriages and Families*. Online: <http://tinyurl.com/healthy-dating-p>
- Harris, V.W. (2013). *What is a healthy dating or marriage relationship?* Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 3 pages. FCS2323. EDIS: <http://edis.ifas.ufl.edu/fy1361>
- Duncan, L., & Harris, V.W. (2012). *Are you marrying the right person? Healthy signs and red flags*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2320. EDIS: <http://edis.ifas.ufl.edu/fy1336>
- Leslie, L.M., & Harris, V.W. (2012). *Are you ready to tie the knot? A quick checklist*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2318. EDIS: <http://edis.ifas.ufl.edu/fy1334>
- Toelle, S. C., & Harris, V.W. (2012). *Are you marrying someone from a different culture or religion?* Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 7 pages. FCS2318. EDIS: <http://edis.ifas.ufl.edu/fy1337>

Marriage, Relationships, Communication, and Conflict Resolution

- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy and effective communication*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/communication-families-p>
- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy conflict management*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-cm-p>
- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy financial management*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-fm-p>
- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy parenting*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-parenting-p>
- Harris, V.W. (2012). *Nine important communication skills for every relationship*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2315. EDIS: <http://edis.ifas.ufl.edu/fy1277>. Span. FCS2315-Span.
- Harris, V.W. (2012). *Ten rules for constructive conflict*. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 4 pages. FCS2314. EDIS: <http://edis.ifas.ufl.edu/fy1276>. Span. FCS2314-Span.
- Harris, V.W. (2012). *Three stages of marriage*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2312. EDIS: <http://edis.ifas.ufl.edu/fy1274>

Parenting and Teaching

- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). *Positive discipline: Behavioral management skills for parents and teachers—Part 1: Types of misbehaviors and keys to success*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS3328. EDIS: <http://edis.ifas.ufl.edu/fy1458>
- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). *Positive discipline: Behavioral management skills for parents and teachers—Part 2: General approaches to managing behavior*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 6 pages. FCS3329. EDIS: <http://edis.ifas.ufl.edu/fy1459>
- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). *Positive discipline: Behavioral management skills for parents and teachers—Part 3: Fostering the parent-child and teacher-student relationship to build responsibility*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 6 pages. FCS3330. EDIS: <http://edis.ifas.ufl.edu/fy1460>

SMART Couples Website

Harris, V.W. Strengthening Marriages and Relationships Training: <http://smartcouples.ifas.ufl.edu/>

Grant Funding to Date

Harris, V.W. \$5.8 Million