



**Contact Information:**

3028D McCarty Hall D

Phone: (352) 273-3523

Email: [victorharris@ufl.edu](mailto:victorharris@ufl.edu)

**Dr. Victor William Harris** is an Associate Professor in the Department of Family, Youth and Community Sciences at the University of Florida. He is a nationally and internationally recognized educator, scholar, and social scientist in the area of close relationships, including relationship quality, education, and social emotional ability.

With over 300 creative works, including three books, results from his research have been published in more than 50 peer reviewed publications and 70 conference/symposium presentations/proceedings reaching scholars and practitioners in more than 150 countries throughout the world. His research and relationship education programming have been funded by The Office of Family Assistance and by the Office of Planning, Research, and Evaluation—offices in the Administration of Children and Families—with more that 5.8 million in extramural funding to date.

He has received multiple national teaching and outreach awards for his work with teens, families, couples, and students such as the North American Colleges and Teachers of Agriculture (NACTA) Distinguished Educator Award, National Council on Family Relations (NCFR) Osborne Award for excellence in teaching Family Science, and the National Institute of Food and Agriculture/United States Department of Agriculture (NIFA/USDA) Extension State Specialist Achievement Award for excellence in outreach service and programming. He also received the College of Agriculture and Life Sciences (CALs) Teacher of the Year Award and was one of seven finalists nominated as the Teacher of the Year for the University of Florida.

**Selected Refereed Publications**

- Nesbit, T.S., Harris, V.W., Visconti, B., Sewell, C.B., Fogarty, K., Duncan, J.C., LaMontagne, L. & Nelson, N. (2023). Lessons from the field. Continuous quality improvement: A multiyear HMRF year case study of best practices in outreach program excellence. *Family Relations*. <https://doi.org/10.1111/fare.12826>
- Harris, V.W., & Anderson, J., & Visconti, B. (2022). Social emotional ability development (SEAD): An integrated model of practical emotion-based competencies. *Journal of Motivation and Emotion*. <https://doi.org/10.1007/s11031-021-09922-1>
- Schmeer A., Harris, V.W., Forthun, L., Valcante, G., & Visconti, B. (2021). Through the eyes of a child: What life is like for siblings of siblings with Autism Spectrum Disorder. *Journal of Research in Developmental Disabilities*.
- Álvarez-Pérez, P., Harris, V.W., & Peyna, S. (2021, February). Personal social networks as a superdiversity dimension: Qualitative approach with second-generation Americans. *Current Sociology*, 1-31. <https://doi.org/10.1177/0011392120983342>
- Harris, V.W., Visconti, B., Sewell, B., Cantrell, R., & Anderson, J. (2019). Southern romance: Relationship quality, consensus, and context among cohabiting couples in the Gulf States. *Journal of Marriage and Family Review*, <https://doi.org/10.1080/01494929.2019.1655518>
- Harris, V.W., Visconti, B., Sewell, C.B., Cantrell, R., Anderson, J., & Toelle, S. (2019). The state of our unions: Exploring relationship quality among dyadic couple homeowners. *Journal of Marriage and Family Review*, <https://doi.org/10.1080/01494929.2019.1630047>
- Kimmes, J. G., Jaurequi, M. E., Roberts, K., Harris, V. W., & Fincham, F. D. (2019). An examination of the association between relationship mindfulness and psychological and relational well-being in committed couples. *Journal of Marital and Family Therapy*. doi:10.1111/jmft.12388
- Cantrell, R.A., Harris, V.W., & Sewell (2019). Using household budgetary constraints to explore negative-interaction behavior among homeowners in coastal southeast United States. *Journal of Family and Economic Issues*, 40(3), 455-469.
- Harris, V.W., Sewell, C.B., Anderson, J., Speegle, K.C., & Harris, H.J. (2019). Before you tie the knot: Mapping pedagogy, learning outcomes, and effect size in premarital education. *Journal of Human Sciences and Extension*, 7(3), 114-139.
- Harris, V.W., Kumaran, M., Harris, H., Moen, D., & Visconti, B. (2018). Assessing multicultural competence (knowledge and awareness) in study abroad experiences. *Compare: A Journal of Comparative and International Education*, 49(3), 430-452.
- Caudill, D., & Harris, V.W. (2018). Together or apart: Practical and theoretical considerations for determining when to keep foster siblings together or to separate them. *Social Science Learning Education Journal*, 3(5), 60-66.
- Hamilton, L., & Harris, V.W. (2018). Beyond expectations: From foster children to foster parents. *International Journal of Education*, 10(1), 1-20. <https://doi.org/10.5296/ije.v10i1.12147>
- Nourie, A., & Harris, V.W. (2018). An intersectional feminist perspective on LGBTQ youth in foster care: Implications for service providers. *World Journal of Education*, 8(4), 177-187. <https://doi.org/10.5430/wje.v8n4p177>
- Zhang, Y., Harris, V.W., Diehl, D., King, S.M., Schmeer, A., & Speegle, K.C. (2018). Life-changing decisions: Exploring proximal and distal motivations behind why American parents adopt domestically or internationally. *Global Journal of Human Social Science Research*, 18(7), 1-14.
- Harris, V.W., Schmeer, A., & Speegle, K. (2017). Mapping pedagogy, learning outcomes, and effect size in relationship education. *Journal of Human Sciences and Extension*, 5(1), 1-19.

- López, P.M., Morueta, R.T., Gómez, A.H., & Harris, V.W. (2016). Exploring social and cognitive presences in communities of inquiry to perform higher cognitive tasks. *The Internet and Higher Education*, 31 (2016), 122-131.
- Harris, V.W., Speegle, K., & Schmeer, A. (2016). Teaching as an intervention: Evaluating 9 skills of communication in an Extension learning environment. *Journal of Human Sciences and Extension*, 4(1), 139-158.
- Harris, V.W., Bedard, K., Moen, D., & Álvarez-Pérez, P. (2016). The role of friendship, trust, and love in happy German marriages. *Marriage and Family Review*, 52(3), 262-304.
- Moen, D., Bradford, K., Lee, T.R., & Harris, V.W., Stewart, W. (2015). After the Honeymoon: The evolution of problem issues in marriage. *Marriage and Family Review*, 51, 396-417.
- Vázquez-Aguado, O., Fernández-Borrero, M.A., Álvarez-Pérez, P., & Harris, V.W. (2015). Spanish-Moroccan families in a context of family diversity in Spain. Challenges for the construction of interculturalism. *Journal of Spatial and Organizational Dynamics*, 3(1), 22-25.
- Harris, V.W., Schramm, D.G., Marshall, J.P., & Lee, T.R. (2012). Marital quality, context, and interaction: A comparison of those currently receiving government assistance with those who are not. *Marriage & Family Review*, 48(4), 386-414.
- Schramm, D.G., Marshall, J.P., Harris, V.W., & Lee, T.R. (2012, February). Religiosity, homogamy, and marital adjustment: An examination of newlyweds in first marriages and remarriages. *Journal of Family Issues*, 33(2), 246-268.
- Schramm, D. G., & Harris, V. W. (2011). Marital quality and income: An examination of the influence of government assistance. *Journal of Family and Economic Issues*, 32, 437-448.
- Harris, V.W., Skogrand, L., Hatch, D. (2008, December). The role of friendship, trust, and love in strong Latino marriages. *Marriage and Family Review*, 44(4), 455-488.
- Harris, V.W., Marshall, J.P., Schvaneveldt, J.D. (2008). In the eyes of God: How attachment theory informs historical and contemporary marriage and religious practices among Abrahamic faiths. *Journal of Comparative Family Studies*, 39(2), 259-278.
- Schramm, D.G., Marshall, J.P., Harris, V.W., & Lee, T.R. (2005). After "I do": The newlywed transition. *Marriage and Family Review*, 38(1), 45-67.

### **Selected Extension Publications**

#### **Pre-Marital Preparation**

- Harris, V.W. (2013). Healthy dating that leads to healthy marriage. *National Resource Center for Healthy Marriages and Families*.  
Online: <http://tinyurl.com/healthy-dating-p>
- Harris, V.W. (2013). *What is a healthy dating or marriage relationship?* Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 3 pages. FCS2323. EDIS: <http://edis.ifas.ufl.edu/fy1361>
- Duncan, L., & Harris, V.W. (2012). *Are you marrying the right person? Healthy signs and red flags*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2320. EDIS: <http://edis.ifas.ufl.edu/fy1336>
- Leslie, L.M., & Harris, V.W. (2012). *Are you ready to tie the knot? A quick checklist*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2318. EDIS: <http://edis.ifas.ufl.edu/fy1334>
- Toelle, S. C., & Harris, V.W. (2012). *Are you marrying someone from a different culture or religion?* Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 7 pages. FCS2318. EDIS: <http://edis.ifas.ufl.edu/fy1337>

#### **Marriage, Relationships, Communication, and Conflict Resolution**

- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy and effective communication*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/communication-families-p>
- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy conflict management*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-cm-p>
- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy financial management*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-fm-p>
- Harris, V.W. (2014). Level 1 Integration Resources. *Strong families: Tips for healthy parenting*. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-parenting-p>
- Harris, V.W. (2012). *Nine important communication skills for every relationship*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2315. EDIS: <http://edis.ifas.ufl.edu/fy1277>. Span. FCS2315-Span.
- Harris, V.W. (2012). *Ten rules for constructive conflict*. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 4 pages. FCS2314. EDIS: <http://edis.ifas.ufl.edu/fy1276>. Span. FCS2314-Span.
- Harris, V.W. (2012). *Three stages of marriage*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS2312. EDIS: <http://edis.ifas.ufl.edu/fy1274>

#### **Parenting and Teaching**

- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). *Positive discipline: Behavioral management skills for parents and teachers—Part 1: Types of misbehaviors and keys to success*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 4 pages. FCS3328. EDIS: <http://edis.ifas.ufl.edu/fy1458>
- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). *Positive discipline: Behavioral management skills for parents and teachers—Part 2: General approaches to managing behavior*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 6 pages. FCS3329. EDIS: <http://edis.ifas.ufl.edu/fy1459>
- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). *Positive discipline: Behavioral management skills for parents and teachers—Part 3: Fostering the parent-child and teacher-student relationship to build responsibility*. Gainesville, FL: Cooperative Extension Service, IFAS, University of Florida. 6 pages. FCS3330. EDIS: <http://edis.ifas.ufl.edu/fy1460>

#### **SMART Couples Website**

Harris, V.W. Strengthening Marriages and Relationships Training: <http://smarcouples.ifas.ufl.edu/>

#### **Grant Funding to Date**

Harris, V.W. \$5.8 Million