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# VICTOR WILLIAM HARRIS PH.D., CFLE

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WWW.SMARTCOUPLES.ORG

UNIVERSITY OF FLORIDA

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## OBJECTIVE

USE TEACHING, RESEARCH, &  
EXTENSION TO INCREASE  
COMPETENCIES  
& WELL-BEING

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## SKILLS

CLOSE RELATIONSHIPS,  
PEDAGOGY, DIVERSITY

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## EXPERIENCE

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### ASSOCIATE PROFESSOR & EXTENSION SPECIALIST

Family, Youth and Community Sciences 2011 – PRESENT

- 5.8 Million in Extramural Funding
- 91 Publications (52 Refereed)
- 300+ Creative Works – 3 Books
- NACTA Distinguished Educator Award
- Gottman Method Couples Therapy: Level I
- CALS Teacher of the Year – CALS Term Professor
- NCFR Certified Family Life Educator – Osborne Award
- NIFA/USDA Extension State Specialist Achievement Award

### DIRECTOR SMART COUPLES PROJECT

UF/IFAS Extension 2015 – PRESENT

- Up to 25 Full and Part-Time Staff
  - 10,000+ Participants Served
  - 200,000+ Website Visitors
  - \$100,000+ Incentives Distributed
  - 500+ Workshops Taught (5 wk. programs)
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## EDUCATION

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### PH.D./FAMILY, CONSUMER & HUMAN DEVELOPMENT/2006

Utah State University

### MS/FAMILY & HUMAN DEVELOPMENT/1999

Utah State University

### BS/ORGANIZATIONAL PSYCHOLOGY/1988

Brigham Young University

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## STUDY ABROAD/LANGUAGE

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Director - Frankfurt Oder, Germany/German

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## RESEARCH (selected)

### A. Books

Welch, K., & Harris, V.W. (2022). *Parenting Life Now*. Thousand Oaks, CA: Sage.

Harris, V.W. (2010). *Marriage tips & traps: 10 Secrets for nurturing your marital friendship*. Plymouth, MI: Hayden-McNeil (228 pp.).

Harris, V.W., Johnson, A., Olsen, K. (2013). *Balancing work and family in the real world* (1<sup>st</sup> & 2<sup>nd</sup> ed.). Plymouth, MI: Hayden-McNeil (270 pp.).

### B. Books, Contributor of Chapter(s)

Harris, V.W. (2014). Dating. In L. Ganong & M. Coleman (Eds.), *Social history of American families* (4 Volumes). Sage. Thousand Oaks, CA: Sage, pp. 317-320.

Harris, V.W. (2014). Companionate marriage. In L. Ganong & M. Coleman (Eds.), *Social history of American families* (4 Volumes). Thousand Oaks, CA: Sage, pp. 271-272.

Harris, V.W. (2012). Strong Latino marriages. In M. A. Laudi (Ed.). *The psychology of love* (4 Volumes). Santa Barbara, CA: Praeger, Vol. 3, pp. 43-56.

Harris, V.W. (2012). Using research, theory, and context to understand work-family integration. In M. A. Laudi (Ed.), *Managing diversity in today's workplace* (4 Volumes). Santa Barbara, CA: Praeger, Vol. 2, pp. 207-229.

Harris, V.W. (2008). Balancing work and family. Invited ghost-written chapter (12) in K.J. Welch, *Family life now* (2<sup>nd</sup> ed.). Boston: Allyn & Bacon, pp. 387-421.

### C. Refereed Publications (selected - total = 52)

Nesbit, T.S., Harris, V.W., Visconti, B., Sewell, C.B., Fogarty, K., Duncan, J.C., LaMontagne, L. & Nelson, N. (2023). Lessons from the field. Continuous quality improvement: A multiyear HMRF year case study of best practices in outreach program excellence. *Family Relations*. <https://doi.org/10.1111/fare.12826>

Harris, V.W., & Anderson, J., & Visconti, B. (2022). Social emotional ability development (SEAD): An integrated model of practical emotion-based competencies. *Journal of Motivation and Emotion*. <https://doi.org/10.1007/s11031-021-09922-1>

Schmeer A., Harris, V.W., Forthun, L., Valcante, G., & Visconti, B. (2021). Through the eyes of a child: What life is like for siblings of siblings with Autism Spectrum Disorder. *Journal of Research in Developmental Disabilities*, 119(1), 104066. <https://doi.org/10.1016/j.ridd.2021.104066>

Álvarez-Pérez, P., Harris, V.W., & Peyna, S. (2021, February). Personal social networks as a superdiversity dimension: Qualitative approach with second-generation Americans. *Current Sociology*, 1-31. Published in English, French, Spanish; Castilian. <https://doi.org/10.1177/0011392120983342>

Álvarez-Pérez, P., Relinque-Medina, F., Vázquez-Aguado, O., Fernández-Borrero, M., & Harris, V.W. (2021). What are social workers currently doing to positively impact how people access public housing services in Spain? *Sage Open*, 11(1), 1-11. <https://doi.org/10.1177/21582440211003086> (Impact Factor 1.54)

Harris, V.W., & Harris, H. (2020). Toward a start-to-finish cross-disciplinary instructional model for national and international higher education. *World Journal of Education*, 10(2), 141-149. DOI: [10.5430/wje.v10n2p141](https://doi.org/10.5430/wje.v10n2p141)

- Rama, C.R., Harris, V.W., Speegle, K., Nelson, N., Moen, D., & Harris, H.J. (2020). Familismo: How eight categories of needs are met in Hispanic American families within the context of familism. *Advances in Social Sciences Research Journal*, 7(7), 348-370. DOI <https://doi.org/10.14738/assrj.77.8641>
- Harris, V.W., Sewell, C.B., Anderson, J., Speegle, K.C., & Harris, H. (2019). Before you tie the knot: Mapping pedagogy, learning outcomes, and effect size in premarital education. Submitted to the *Journal of Human Sciences and Extension*, 7(3), 114-139.
- Harris, V.W., Visconti, B., Sewell, B., Cantrell, R., & Anderson, J. (2019). Southern romance: Relationship quality, consensus, and context among cohabiting couples in the Gulf States. *Journal of Marriage and Family Review*, DOI: 10.1080/01494929.2019.1655518
- Harris, V.W., Visconti, B., Sewell, C.B., Cantrell, R., Anderson, J., & Toelle, S. (2019). The state of our unions: Exploring relationship quality among dyadic couple homeowners. *Journal of Marriage and Family Review*, DOI: 10.1080/01494929.2019.1630047
- Kimmes, J. G., Jaurequi, M. E., Roberts, K., Harris, V. W., & Fincham, F. D. (2019). An examination of the association between relationship mindfulness and psychological and relational well-being in committed couples. *Journal of Marital and Family Therapy*. DOI:10.1111/jmft.12388
- Cantrell, R.A., Harris, V.W., & Sewell (2019). Using household budgetary constraints to explore negative-interaction behavior among homeowners in coastal southeast United States. *Journal of Family and Economic Issues*, 40(3), 455-469. DOI: 10.1007/s10834-019-09623-5
- Harris, V.W., Speegle, K., Moen, D., & Brooker, H. (2018). Teaching “less” better in higher education: A case study for exploring target skills and learning outcomes. *Journal of Family Science Review*, 22(3), 14-40.
- Harris, V.W., Kumaran, M., Harris, H, Moen, D., & Visconti, B. (2018). Assessing multicultural competence (knowledge and awareness) in study abroad experiences. *Compare: A Journal of Comparative and International Education*, 0, 1-23. DOI: 10.1080/03057925 .2017.1421901
- Harris, V.W., Schmeer, A., & Speegle, K. (2017). Mapping pedagogy, learning outcomes, and effect size in relationship education. *Journal of Human Sciences and Extension*, 5(1), 1-19.
- Kumaran, M., Swapna, K., Kumaran, L., Harris, V.W., & Pracht, D. (2017). How much is too much? An analysis of social media usage during study abroad programs focusing on social and environmental sustainability. *World Environment and Island Studies*, 7(1), 13-24.
- López, P.M., Morueta, R.T., Gómez, A.H., & Harris, V.W. (2016). Exploring social and cognitive presences in communities of inquiry to perform higher cognitive tasks. *The Internet and Higher Education*, 31 (2016), 122-131.
- Harris, V.W., Speegle, K., & Schmeer, A. (2016). Teaching as an intervention: Evaluating 9 skills of communication in an Extension learning environment. *Journal of Human Sciences and Extension*, 4(1), 139-158.
- Harris, V.W., Bedard, K., Moen, D., & Álvarez-Pérez (2016). The role of friendship, trust, and love in happy German marriages. *Marriage and Family Review*, 52(3), 262-304.
- Vázquez-Aguado, O., Fernández-Borrero, M.A., Álvarez-Pérez, P., & Harris, V.W. (2015). Spanish-Moroccan families in a context of family diversity in Spain; Challenges for the construction of interculturalism. *Journal of Spatial and Organizational Dynamics*, 3(1), 22-35.
- Harris, V.W., Moen, D., Morrow, T., Teemant, B., & Kumaran, M. (2014). Assessing the effectiveness of a start-to-finish instructional model in preparing human services and Extension educators. *Family Science Review*, 19(1), 76-104.

- Toelle, S. & Harris, V.W. (2014, October). Prevalence and effectiveness of technology among family and consumer sciences agents. *Journal of Extension*, 52(5). 1-8.
- Teemant, B., Moen, D., Harris, V.W. (2013). Problem-based learning in the family sciences: A good fit in theory and practice. *Family Science Review*, 17(2), 102-117.
- Harris, V.W., Schramm, D.G., Marshall, J.P., & Lee, T.R. (2012). Marital quality, context, and interaction: A comparison of those currently receiving government assistance with those who are not. *Marriage & Family Review*, 48(4), 386-414.
- Schramm, D.G., Marshall, J.P., Harris, V.W., & Lee, T.R. (2012, February). Religiosity, homogamy, and marital adjustment: An examination of newlyweds in first marriages and remarriages. *Journal of Family Issues*, 33(2), 246-268.
- Schramm, D. G. & Harris, V. W. (2011). Marital quality and income: An examination of the influence of government assistance. *Journal of Family and Economic Issues*, 32, 437-448.
- Harris, V.W., Chartier, K., & Davis, E. (2010, June). AIAI – FTFD: A start-to-finish teaching model for family life education courses. *Family Science Review*, 15(2), 15-23.
- Harris, V.W., Skogrand, L., & Hatch, D. (2008, December). The role of friendship, trust, and love in strong Latino marriages. *Marriage and Family Review*, 44(4), 455-488.
- Harris, V.W., Marshall, J.P., & Schvaneveldt, J.D. (2008). In the eyes of God: How attachment theory informs historical and contemporary marriage and religious practices among Abrahamic faiths. *Journal of Comparative Family Studies*, 39(2), 259-278.
- Marshall, J. P., Higginbotham, B., Harris, V.W., & Lee, T.R. (2007). Assessing Program Outcomes: Rationale and Benefits of Posttest-then-Retrospective-Pretest Designs *Journal of Youth Development: Bridging Research and Practice*, 2(1), Article 0701RS001 (6 pages).

#### **D. Non-Refereed Publications (selected - total = 31)**

##### **I. National Publications**

- Harris, V.W. (2014). Level I Integration Resources. Strong families: Tips for healthy and effective communication. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/communication-families-p> Service Providers: <http://tinyurl.com/communication-providers-p>
- Harris, V.W. (2014). Level I Integration Resources. Strong families: Tips for healthy conflict management. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-cm-p> Service Providers: <http://tinyurl.com/tips-for-providers-cm-p>
- Harris, V.W. (2014). Level I Integration Resources. Strong families: Tips for healthy financial management. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-fm-p> Service Providers: <http://tinyurl.com/tips-for-providers-fm-p>
- Harris, V.W. (2014). Level I Integration Resources. Strong families: Tips for healthy parenting. Fairfax, VA: National Resource Center for Healthy Marriage and Families. Online: <http://tinyurl.com/tips-for-families-parenting-p> Service Providers: <http://tinyurl.com/tips-for-providers-parenting-p>
- Harris, V.W. (2013). Healthy dating that leads to healthy marriage. Fairfax, VA: National Healthy Marriage Resource Center. Online: <http://tinyurl.com/healthy-dating-p>

##### **2. EDIS Publications** (Electronic Data Information Source (EDIS) publications from UF/IFAS).

- Harris, V.W., Fung, W., Ellis, S., & Schmeer, A. (2015). Positive discipline: Behavioral management skills for parents and teachers—Part I: Types of misbehaviors and keys to success. Gainesville, FL: Cooperative Extension Service, UF/IFAS. FCS3328. EDIS: <http://edis.ifas.ufl.edu/fy1458>; Part II: FCS3329. EDIS: <http://edis.ifas.ufl.edu/fy1459>; Part III: EDIS: <http://edis.ifas.ufl.edu/fy1460>
- Naik, P., Harris, V.W., & Forthun, L. (2013). Mindfulness: An introduction. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 6 pages. FCS2335. EDIS: <http://edis.ifas.ufl.edu/fy1381>
- Monroe, R. & Harris, V.W. (2013). Family reunification following foster care. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 5 pages. FCS2328. EDIS: <http://edis.ifas.ufl.edu/fy1366>.
- Duncan, L. & Harris, V.W. (2012). Are you ready to get married? Healthy signs and red flags. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 4 pages. FCS2320. EDIS: <http://edis.ifas.ufl.edu/fy1336>
- Harris, V.W. (2012). Nine important communication skills for every relationship. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 4 pages. FCS2315. EDIS: <http://edis.ifas.ufl.edu/fy1277>. (Also available in Spanish. FCS2315-Span)
- Harris, V.W. (2012). Ten rules for constructive conflict. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 4 pages. FCS2314. EDIS: <http://edis.ifas.ufl.edu/fy1276>. (Also available in Spanish. FCS2314-Span)
- Harris, V.W. (2012). Eight needs of every partner, parent, and child. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 4 pages. FCS2313. EDIS: <http://edis.ifas.ufl.edu/fy1275>. (Also available in Spanish. FCS2313-Span)
- Toelle, S. & Harris, V.W. (2012). Are you marrying someone from a different culture or religion? Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 7 pages. FCS2318. EDIS: <http://edis.ifas.ufl.edu/fy1337>
- DeCubellis, T., Harris, V.W., & Gillen, M. (2013). My child has a mental illness: Developing parental advocacy skills. Gainesville, FL: Cooperative Extension Service, Institute of Food and Agricultural Sciences, University of Florida. 5 pages. FCS2327. EDIS: <http://edis.ifas.ufl.edu/fy1365>.


## TEACHING

### A. Teaching Philosophy

Creating a safe and secure environment so every learner can share what they are thinking and feeling without fear that they might be criticized, marginalized, or oppressed is foundational to my teaching philosophy. Therefore, politics, religion, sex, gender, race, ethnicity, orientation, all the “isms” and a whole host of other topics are “free game” for learners to discuss in my classes as long as these ideas are discussed with respect and a tolerance for differing opinions, values, and beliefs. As learners discover how to reach beyond the socialization endorsed by contemporary society and move from *consuming* the world’s resources to *preserving* and *sustaining* them, they take their rightful places as key *contributors* to solving the many challenges and problems the planet and its inhabitants are facing; they are empowered to make decisions that focus on *doing the right thing for the right reason* and promoting enlightened self-interest and the betterment of humankind.

### B. Primary Educational Goals

Koppelman (2011) states, “by making curriculum personal, it becomes relevant; by emphasizing social action, it becomes powerful” (p. 331). Informed by the research of instructional designers such as Gagne (9 Events of



Instruction) and Merrill (First Principles of Instruction), the main tenet of my teaching philosophy is to use engaging and active learning strategies to challenge learners to apply the principles of family, youth, and community sciences toward transformative improvement of themselves, their relationships, and their surrounding communities. Therefore, all instruction is designed with the following three general instructional goals in mind: (1) make learning fun and interesting; (2) communicate new information and/or elicit new perspectives about old information; and (3) create opportunities for learners to *identify*, *apply*, and *practice* new problem solving, social action, and life skills. Interwoven throughout each of these three instructional goals is my personal goal of teaching “less” better, meaning teaching fewer principles with clarity, depth, and precision.

### **C. Courses Taught – University of Florida (Courses taught: 54; Students taught: 2,598)**

#### **University of Florida**

- FYC 3001 – Principles of Family, Youth and Community Sciences (Face-to-Face only)
- FYC 3101 – Parenting and Family Development (Face-to-Face only)
- FYC 3112 – Contemporary Family Problems and Interventions (Face-to-Face only)
- FYC 3115 – Human Services (Face-to-Face only)
- FYC 4503 – Methods of Family Life Education (Face-to-Face only)
- FYCS 4905 – Family and Cultural Diversity (Study Abroad only)
- FYC 4905 – German Culture and Family Life (Study Abroad only)
- FYC 6222 – Parenting and Child Relationships ((Face-to-Face only)
- FYC 6932 – Marriage and Relationship Education (Face-to-Face only)
- FYC 6105/6932 – Youth and Family Relationships (Online only)
- FYC 6932 – Professional Development (Doctoral; Face-to-Face only)

#### **Utah State University**

- USU 1010 – Connections (Face-to-Face only)
- FCHD 1010 – Balancing Work & Family (Online, Face-to-Face)
- FCHD 1500 – Human Development across the Lifespan (Face-to-Face only)
- FCHD 2400 – Marriage and Family Relationships (Face-to-Face, Interactive Broadcast)
- FCHD 3210 – Families and Cultural Diversity (Online, Face-to-Face)
- FCHD 4830 – Family Life Studies Senior Project (Online only)
- FCHD 4990 – Readings in Family and Cultural Diversity (Online, Face-to-Face)
- FCHD 4990 – Emotional Intelligence in Marriage and Parenting (Face-to-Face only)
- FCHD 5540 (MFHD 5540) – Methods in Family Life Education (Face-to-Face, Master’s)
- FCHD 6070 – Family Theories (Face-to-Face, Master’s, Doctoral)

#### **OUTREACH-EXTENSION (Family Life Education Programs Developed)**

**A. SMART Couples Project Programs:** 1) 9 Important Communication Skills; 2) Before You Tie the Knot; 3) Positive Behavioral Management Skills; 4) UNITED: Marriage Enhancement Training; 5) Homeflow

#### **B. SMART Couples Federal Studies Conducted**

STREAMS (2020). ELEVATE: Implementation of a healthy marriage and relationship education program by a statewide cooperative extension service. OPRE: ACF. Retrieved from <https://www.acf.hhs.gov/opre/report/elevate-implementation-healthy-marriage-and-relationship-education-program-statewide>

STREAMS (2021). Providing healthy marriage and relationship education programs virtually: Lessons for a case study of the ELEVATE program in Florida. Retrieved from <https://www.acf.hhs.gov/opre/report/providing-healthy-marriage-and-relationship-education-programs-virtually-lessons-case>